



KINGS ELEMENTARY February 2012

Available Daily

Entree, Milk Selection,
and Choice of Two Sides:
Hot Vegetable/Fresh Vegetables/
Tossed Salad
Fresh Fruit/Fruit Cup or Fruit Juice
Milk Choices: 1% White,
1% Chocolate or Fat Free White

Sandwich of the Day:

MON: Turkey on WW Bread
TUE: Ham & Cheese on
WW Bread
WED: Tuna on WW Bread
THU: Italian Hero
FRI: Turkey Caesar WW Wrap

Breakfast

MON: Cereal Breakfast
TUE: Mini Pancakes
WED: Turkey Sausage &
Egg on a WW Bagel
THU: French Toast
FRI: Apple Cinnamon
WW Muffin

Ala Carte Prices

Smart Cookie .75
Goldfish WG
Crackers .75
Pretzel Sticks 2 for .25
Ice Cream Selections .75

Lunch Prices: \$2.15 Daily Reduced: \$0.25 Daily
Breakfast: \$1.00 Daily Reduced: \$0.25 Daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
<p><i>Please Note: Vegetarian options available upon request. Please contact the Food Service Office.</i></p>				1	B			3	D	
				<p>CHEESE CALZONE Marinara Sauce Green Beans Milk/Fruit Selections</p>		<p>HAMBURGER/CHEESE-BURGER ON WW BUN Crinkle Cut Potatoes Carrot/Celery Sticks Milk/Fruit Selections</p>		<p>PIZZA Garden Salad Milk/Fruit Selections</p>		
6	E	7	F	8	A	9	B	10	C	
<p>CHICKEN NUGGETS Whole Grain Biscuit Carrot/Celery Sticks Milk/Fruit Selection</p>		<p>LASAGNA ROLL-UPS Marinara Sauce Italian Bread Green Beans Milk/Fruit Selections</p>		<p>MINI PANCAKES Turkey Sausage Warm Apple Slices Milk/Fruit Selections</p>		<p>FISH NUGGETS Mac & Cheese Sweet Carrots Milk/Fruit Selections</p>		<p>PIZZA Fresh Vegetable Medley Lofat Dipping Sauce Milk/Fruit Selections</p>		
13	D	14	E	15	F	16	A	17		
<p>POPCORN CHICKEN Wh Wheat Soft Pretzel Stick Fluffy Brown Rice Green Beans Milk/Fruit Selection</p>		<p>TURKEY HAM & CHEESE ON A WW BAGEL Sweet Potato Puffs Broccoli Florets Milk/Fruit Selections</p>		<p>PASTA/MARINARA SAUCE Mozzarella Sticks Garden Salad Milk/Fruit Selections</p>		<p>TURKEY BURGER ON A BUN Lettuce & Tomato Crinkle Cut Potatoes "Smart Cookie Treat" Milk/Fruit Selections</p>		<p>PRESIDENTS' WEEKEND SCHOOLS CLOSED</p>		
20	PRESIDENTS' WEEKEND SCHOOLS CLOSED		21	B	22	C	23	D	24	E
		<p>CHICKEN NUGGETS Whole Grain Biscuit Carrots/Celery Sticks Milk/Fruit Selection</p>		<p>TOASTED CHEESE ON WW BREAD Vegetable Soup Milk/Fruit Selections</p>		<p>TURKEY TACO MEAT Baked Tostito Chips, Lofat Shredded Cheese, Brown Rice, Broccoli Florets Milk/Fruit Selections</p>		<p>PIZZA Garden Salad Milk/Fruit Selections</p>		
27	F	28	A	29	B	<p>PARENTS: Please be aware <u>NO PAPER REMINDERS</u> will be sent home with your children. You must sign up for <u>LOW BALANCE ALERT</u> to receive an e-mail when your child's account is low.</p>				
<p>GRILLED CHIX SANDWICH ON A WW BUN Lettuce & Tomato Sweet Potato Puffs Milk/Fruit Selection</p>		<p>ITALIAN DUNKER Cheesy Garlic Bread Green Beans Milk/Fruit Selection</p>		<p>HAMBURGER/CHEESE-BURGER ON WW BUN Crinkle Cut Potatoes Carrot/Celery Sticks Milk/Fruit Selections</p>						

MENU SUBJECT TO CHANGE