



WARWICK VALLEY  
MIDDLE SCHOOL

February 2012

**ALTERNATE MENU**

- MONDAY Ham & Cheese Sandwich
- TUESDAY Spicy Chicken Wrap
- WEDNESDAY Hero Sandwich
- THURSDAY Turkey & Cheese Sandwich
- FRIDAY Italian Combo Wrap

**AVAILABLE DAILY**

Lunch includes Entree, Milk, and Choice of Two Sides:  
Hot Vegetable, Salad Bar,  
Fresh Fruit, Fruit Cup  
Milk Choices: 1% Chocolate,  
1% White, Fat Free White

**Breakfast**

- MON: Cereal Breakfast
- TUE: Mini Pancakes
- WED: Turkey Sausage & Egg on a WW Bagel
- THU: French Toast
- FRI: Apple Cinnamon WW Muffin

Lunch Prices: \$2.40 Daily Reduced: \$0.25 Daily  
Breakfast: \$1.00 Daily Reduced: \$0.25 Daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
<p><i>Please Note: Vegetarian options available upon request. Please contact the Food Service Office.</i></p>				<b>1</b>	<b>B</b>			<b>3</b>	<b>D</b>	
				<p><b>SWEET &amp; SOUR CHICKEN</b> Fluffy Brown Rice Egg Roll Milk/Fruit Selections</p>		<p><b>PASTA/MARINARA SAUCE</b> Mozzarella Sticks Green Beans Milk/Fruit Selections</p>		<p><b>STEAK &amp; CHEESE SANDWICH</b> Sweet Potato Puffs Broccoli Florets Milk/Fruit Selections</p>		
<b>6</b>	<b>E</b>	<b>7</b>	<b>F</b>	<b>8</b>	<b>A</b>	<b>9</b>	<b>B</b>	<b>10</b>	<b>C</b>	
<p><b>POPCORN CHICKEN</b> Whole Grain Biscuit Broccoli Florets Milk/Fruit Selection</p>		<p><b>HAMBURGER/CHEESEBURGER</b> Crinkle Cut Fries Sweet Carrots Milk/Fruit Selections</p>		<p><b>BAKED ZITI</b> Italian Bread Green Beans Milk/Fruit Selections</p>		<p><b>NACHOS/MEAT &amp; CHEESE</b> Fluffy Rice Lettuce &amp; Tomato Milk/Fruit Selections</p>		<p><b>MINI PANCAKES</b> Sausage Pattie Warm Apple Slices Milk/Fruit Selections</p>		
<b>13</b>	<b>D</b>	<b>14</b>	<b>E</b>	<b>15</b>	<b>F</b>	<b>16</b>	<b>A</b>	<b>17</b>		
<p><b>CHICKEN TENDERS</b> Mac &amp; Cheese Green Beans Milk/Fruit Selection</p>		<p><b>PASTA/MEATBALLS</b> Tossed Salad Garlic Bread Stick Milk/Fruit Selections</p>		<p><b>CHICKEN FAJITA</b> Fluffy Rice Lettuce &amp; Tomato Milk/Fruit Selections</p>		<p><b>HAM &amp; CHEESE BAGEL</b> Crinkle Cut Potatoes Sweet Carrots Milk/Fruit Selections</p>		<p><b>PRESIDENTS' WEEKEND SCHOOLS CLOSED</b></p>		
<b>20</b>	<b>PRESIDENTS' WEEKEND SCHOOLS CLOSED</b>		<b>21</b>	<b>B</b>	<b>22</b>	<b>C</b>	<b>23</b>	<b>D</b>	<b>24</b>	<b>E</b>
		<p><b>CHICKEN PATTIE ON A WW BUN</b> Green Beans Milk/Fruit Selection</p>		<p><b>TOASTED CHEESE ON WW BAGEL</b> Vegetable Soup Milk/Fruit Selections</p>		<p><b>ITALIAN DUNKER</b> Cheesy Garlic Bread Broccoli Florets Milk/Fruit Selections</p>		<p><b>STEAK &amp; CHEESE SANDWICH</b> Crinkle Cut Potatoes Sweet Carrots Milk/Fruit Selections</p>		
<b>27</b>	<b>F</b>	<b>28</b>	<b>A</b>	<b>29</b>	<b>B</b>	<p><b>PARENTS: Please be aware <u>NO PAPER REMINDERS</u> will be sent home with your children. You must sign up for <u>LOW BALANCE ALERT</u> to receive an e-mail when your child's account is low.</b></p>				
<p><b>CHEESE CALZONE</b> Marinara Sauce Tossed Salad Milk/Fruit Selection</p>		<p><b>TURKEY BURGER ON A WW BUN</b> Lettuce &amp; Tomato Sweet Potato Puffs Milk/Fruit Selection</p>		<p><b>STEAK &amp; CHEESE SANDWICH</b> Crinkle Cut Potatoes Broccoli Florets Milk/Fruit Selections</p>						

**MENU SUBJECT TO CHANGE**