



WARWICK VALLEY HIGH SCHOOL February 2012

BREAKFAST MENU

MON Mini Pancakes
 TUES Sausage, Egg & Cheese on a Bagel
 WED French Toast
 THUR Egg & Cheese on an English Muffin
 FRI Breakfast Burrito

AVAILABLE DAILY

Lunch includes Entree, Milk, and Choice of Two Sides:
 Hot Vegetable, Salad Bar,
 Fresh Fruit, Fruit Cup
 Milk Choices: 1% Chocolate,
 1% White, Fat Free White

ALTERNATE MENU

MON Italian Wrap
 Turkey/Turkey & Cheese Sandwich
 TUES Spicy Wrap • Hero Sandwich
 WED Chicken Pattie Wrap
 Ham & Cheese Sandwich
 THURS Chicken Caesar Wrap
 Turkey/Turkey Cheese Sandwich
 FRI Spicy Chicken Wrap • Hero Sandwich

Lunch Prices: \$2.40 Daily Reduced: \$0.25 Daily
 Breakfast: \$1.00 Daily Reduced: \$0.25 Daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p><i>Please Note: Vegetarian options available upon request. Please contact the Food Service Office.</i></p>				1	B			3	D
				<p>BAKED ZITI Italian Bread Tossed Salad Milk/Fruit Selections</p>		<p>"BUILD YOUR OWN BURGER" Crinkle Cut Fries Green Beans Milk/Fruit Selections</p>		<p>CHICKEN PARM HERO Tossed Salad Milk/Fruit Selections</p>	
6	E	7	F	8	A	9	B	10	C
<p>CHICKEN PATTIE ON A BUN Sweet Carrots Milk/Fruit Selection</p>		<p>ITALIAN DUNKER Cheesy Garlic Bread Green Beans Milk/Fruit Selections</p>		<p>HAM & CHEESE BAGEL Crinkle Cut Potatoes Peas & Carrots Milk/Fruit Selections</p>		<p>SPICY/SWEET & SOUR CHICKEN Fluffy Rice Egg Roll Milk/Fruit Selections</p>		<p>PASTA/MEATBALLS Italian Bread Tossed Salad Milk/Fruit Selections</p>	
13	D	14	E	15	F	16	A	17	
<p>POPCORN CHICKEN Biscuit Sweet Carrots Milk/Fruit Selection</p>		<p>CHICKEN FAJITA Fluffy Rice Lettuce & Tomato Milk/Fruit Selections</p>		<p>BAKED ZITI Italian Bread Tossed Salad Milk/Fruit Selections</p>		<p>FISH HOAGIE Crinkle Cut Fries Broccoli Florets Milk/Fruit Selections</p>		<p>PRESIDENTS' WEEKEND SCHOOLS CLOSED</p>	
20	21		B	22		C	23		D
<p>PRESIDENTS' WEEKEND SCHOOLS CLOSED</p>		<p>CHICKEN TENDERS Mac & Cheese Broccoli Florets Milk/Fruit Selections</p>		<p>TACO/MEAT & CHEESE Fluffy Rice Lettuce & Tomato Milk/Fruit Selections</p>		<p>"BUILD YOUR OWN BURGER" Crinkle Cut Fries Sweet Carrots Milk/Fruit Selections</p>		<p>ROASTED CHICKEN Mashed Potatoes Peas & Carrots Biscuit Milk/Fruit Selections</p>	
27	F	28		A	29		B	<p>PARENTS: Please be aware <u>NO PAPER REMINDERS</u> will be sent home with your children. You must sign up for <u>LOW BALANCE ALERT</u> to receive an e-mail when your child's account is low.</p>	
<p>CHICKEN PATTIE ON A BUN Sweet Carrots Milk/Fruit Selection</p>		<p>HAM & CHEESE BAGEL Crinkle Cut Potatoes Peas & Carrots Milk/Fruit Selections</p>		<p>ITALIAN DUNKER Cheesy Garlic Bread Green Beans Milk/Fruit Selections</p>					

MENU SUBJECT TO CHANGE